

**Instead of meat,  
you make cheese  
enchiladas.  
*Collect 3 carbons  
from the atmosphere.***



**You help plant trees  
on your  
school grounds.  
*Collect 3 carbons  
from the ocean.***



**You grew carrots  
instead of buying  
them at the  
grocery store.  
*Give 3 carbons  
to the soil.***



**You buy local  
veggies from the  
Farmers Market.  
*Give 3 carbons  
to the plants.***



**You buy a  
refurbished tablet  
instead of a  
new one.  
*Collect 3 carbons  
from the atmosphere.***



**You bring a  
reusable water  
bottle to school.  
*Collect 3 carbons  
from the ocean.***



**You buy jeans at  
the thrift store  
instead of the mall,  
saving money  
& energy.  
*Collect 3 carbons  
from the atmosphere.***



**You feed your  
classroom worms  
your leftover  
lunch scraps.  
*Give 3 carbons  
to the soil.***



**You ride your bike  
to school instead of  
getting a ride.  
*Collect 3 carbons  
from the ocean.***



**You plant flowers  
in your yard.  
Give 3 carbons  
to the plants.**



**You reuse a plastic  
soda bottle to make  
a bird feeder.  
Collect 3 carbons  
from the atmosphere.**



**You buy houseplants  
for your bedroom.  
Give 3 carbons  
to the plants.**



**You buy a pair of  
sneakers at the  
thrift store instead  
of the mall.  
Collect 3 carbons  
from the ocean.**



**You feed your  
worms leftovers  
from lunch.  
Give 3 carbons  
to the soil.**



**You buy a gift for  
your mom at the  
thrift store, saving  
money & energy.  
Collect 3 carbons  
from the atmosphere.**



**You start a worm  
box at home.  
Give 3 carbons  
to the soil.**



**On a chilly morning  
you wear a sweater  
instead of turning  
the heat on.  
Collect 2 carbons  
from the ocean.**



**You help the  
New Earth Project  
compost your  
leftovers in  
the cafeteria.  
Take 2 carbons from  
the atmosphere &  
give them to  
the plants.**



**You help the  
New Earth Project  
compost your  
leftovers in  
the cafeteria.  
Take 3 carbons from  
the ocean &  
give them to  
the plants.**



**You help the  
New Earth Project  
compost your  
leftovers in  
the cafeteria.  
Take 2 carbons from  
the ocean &  
give them to  
the soil.**



**You help plant  
an orchard.  
Give 2 carbons to  
the plants  
& 2 carbons  
to the soil.**



**You plant a garden  
at home.  
Give 2 carbons to  
the plants  
& 2 carbons  
to the soil.**



**You buy  
organic apples.  
Take 2 carbons from  
the ocean &  
give them to  
the soil.**



**You water the  
garden at school.  
Take 2 carbons from  
the atmosphere &  
give them to  
the plants.**



**You ride your bike  
to a friend's house  
instead of asking  
your parents  
for a ride.  
Collect 2 carbons  
from the ocean.**



**You recycle  
cardboard.  
Collect 2 carbons  
from the atmosphere.**



**You reuse wrapping  
paper this  
holiday season.  
Collect 2 carbons  
from the atmosphere.**



**Instead of buying a new gift, you regift something you no longer want.  
*Collect 2 carbons from the ocean.***



**At the store, you use cloth bags instead of plastic.  
*Collect 2 carbons from the atmosphere.***



**At a buffet, you only take the food you'll eat, so no leftovers go to the landfill.  
*Collect 2 carbons from the atmosphere.***



**You chip your holiday tree for mulch instead of taking it to the landfill..  
*Give 2 carbons to the plants.***



**You hang your clothes to dry instead of using a dryer.  
*Take 2 carbons from the atmosphere.***



**Ocean animals make shells from the carbon dissolved in the ocean water.  
*Collect 2 carbons from the ocean.***



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*Collect 2 carbons from the ocean.***



**You take the city bus instead of driving.  
*Collect 2 carbons from the atmosphere.***



**You take the city bus instead of driving.  
*Collect 2 carbons from the atmosphere.***



**You plant a pollinator garden with your classmates.  
Give 2 carbons to the plants.**



**You plant a pollinator garden with your classmates.  
Give 2 carbons to the soil.**



**You buy a jacket at the thrift store instead of Walmart.  
Collect 2 carbons from the ocean.**



**You leave fallen leaves from trees in your yard, protecting the soil and the FBI.  
Give 3 carbons to the soil.**



**You leave fallen leaves from the trees on the ground to protect the microbes.  
Give 2 carbons to the soil.**



**You turn off the lights and tv at bedtime.  
Collect 2 carbons from the ocean.**



**You help the New Earth Project compost leftover cafeteria food.  
Give 3 carbons to the plants.**



**You help the New Earth Project compost leftover cafeteria food.  
Give 3 carbons to the soil.**



**You make salsa from tomatoes & chile in your garden.  
Take 2 carbons from the atmosphere & give them to the plants.**



**You make salsa from tomatoes & chile in your garden. Take 2 carbons from the ocean & give them to the soil.**



**You water the trees in your yard. Give 3 carbons to the plants.**



**You compost old food from the fridge. Give 3 carbons to the soil.**



**You compost leftovers from lunch in the cafeteria. Give 2 carbons to the plants & 2 carbons to the soil.**



**You use compost in your garden. Give 2 carbons to the plants & 2 carbons to the soil.**



**You choose cheese pizza instead of pepperoni. Collect 2 carbons from the atmosphere & give them to the plants.**



**You leave fallen leaves from the trees on the ground to protect the microbes. Collect 2 carbons from the ocean & give them to the soil.**



**You grow carrots instead of buying them at Walmart. Give 2 carbons to the plants.**



**You buy veggies at the local Farmers Market. Give 2 carbons to the soil.**



**You mulch your garden to protect the soil & save water.**

***Give 2 carbons to the plants & 2 carbons to the soil.***



**You buy organic apples instead of apples that have been sprayed with pesticides.**

***Give 3 carbons to the plants.***



**You plant a variety of flowers in a bare field.**

***Give 3 carbons to the plants.***



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